

Clinical Trials 101

Life With Type 1 Diabetes (T1D) Is Easier and Healthier than Ever Before, Largely Thanks to People Just Like you Who Have Chosen to Participate In Clinical Trials

What is a clinical trial?

Clinical trials are research studies in people to determine if a new drug, device, and/or method of treatment—which has not been approved by the FDA—is safe and effective. Clinical trials are critical for bringing new devices and treatments to people with conditions like T1D.

Who is eligible?

There are clinical trials for every age and stage of T1D. You will be asked questions to determine your eligibility for a study.

Why should I participate?

Participating in a clinical trial can provide you or your loved one with a preview of new treatments and technologies that are not yet available to the public. Clinical trials also give you the chance to contribute to research that can help improve the lives of everyone living with T1D.

To learn more, visit <https://www.breakthroughT1D.org/clinical-trials/> or scan the QR code below.



Early Detection of Type 1 Diabetes (T1D)

Choosing to Screen Other Family Members for Early Indicators of T1D May Feel Overwhelming, But the Knowledge you Gain Could Help them Down the Road



What is T1D screening?

T1D can be identified before insulin is required with a simple blood test. The test identifies T1D-related autoantibodies through a finger prick or a blood draw. These autoantibodies signal that the body's immune system is attacking the insulin-producing cells in the pancreas.



Why is screening important?

Research has shown that participating in screening has many benefits and opens the opportunity to participate in clinical trials or receive treatment that can delay the onset of T1D. Detecting T1D in its early stages gives you time to plan and prepare.



Who can be screened for T1D autoantibodies?

Screening is available to anyone who would like to understand their risk through an eligible research pathway or labs ordered by your healthcare provider. Research studies offer screening at no cost to family members of people with T1D.

To learn more about how you can get screened, visit <https://www.breakthroughT1D.org/early-detection/> or scan the QR code below.

