# EARLIER CANCER DETECTION:

The Growing Role of Cell-Free DNA (cfDNA) Blood Tests in Primary Care

Wednesday, September 29, 2021 6:15 PM – 7:30 PM (ET) / 5:15 PM – 6:30 PM (CT)

### FACULTY

### Aparna Parikh, MD, MPH

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Assistant Professor of Medicine Harvard Medical School Attending Oncologist Hematology and Oncology Massachusetts General Hospital Boston, MA

### Ryan Corcoran, MD, PhD Associate Professor of Medicine Harvard Medical School Associated Professor Cancer Center Massachusetts General Hospital Boston, MA

### This event is not a part of the official AAFP FMX.





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#### **PROGRAM OVERVIEW**

This live virtual symposium is focused on the team involved in the care of the people who undergo screening for cancer.

#### TARGET AUDIENCE

This activity is intended for primary care physicians, internists, family practice physicians, and related healthcare professionals involved in the care of people who undergo screening for cancer.

#### LEARNING OBJECTIVES

After completing the CME activity, learners should be better able to:

- Evaluate the science behind cfDNA testing along with its role in early multi-cancer detection
- Describe the potential benefits and limitations of using routine cfDNA screening to identify a variety of cancer types
- Plan strategies to integrate cfDNA blood tests and early multicancer detection into daily practice

**ACCREDITATION STATEMENT:** Med Learning Group is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. This CME activity was planned and produced in accordance with the ACCME Essentials.

**CREDIT DESIGNATION STATEMENT:** Med Learning Group designates this live virtual symposium for a maximum of 1.25 AMA Category 1 credit<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the live virtual activity.

**NURSING CREDIT INFORMATION:** Purpose: This program would be beneficial for nurses involved in the care of people who undergo screening for cancer. **Credits:** 1.25 ANCC Contact Hour.

#### **CNE Accreditation Statement:**

Ultimate Medical Academy/(CCM) is accredited as a provider of nursing continuing professional education by the American Nurses Credentialing Center's Commission on Accreditation. Awarded 1.25 contact hour of continuing nursing education of RNs and APNs.

### AAFP CREDIT REQUEST

The AAFP has reviewed Earlier Cancer Detection: The Growing Role of Cell-Free DNA (cfDNA) Blood Tests in Primary Care and deemed it acceptable for up to 1.25 Online Only, Live AAFP Prescribed credit. Term of Approval is from 09/29/2021 to 09/29/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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	Chugai, Elicio, Erasca, Fog Pharma, Genentech, Guardant Health, Ipsen, Kinnate
	Biopharma, LOXO, Merrimack, Mirati Therapeutics, Naterna, Navire, N-of-
	one/Qiagen, Novartis, nRichx, Remix Therapeutics, Revolution Medicines, Roche,
	Roivant, Shionogi, Shire, Spectrum Pharmaceuticals, Symphogen, Tango
	Therapeutics, Taiho, Warp Drive Bio, and Zikani Therapeutics.
Equity	Avidity Biosciences, C4 Therapeutics, Erasca, Kinnate Biopharma, nRichDx, Remix
	Therapeutics, and Revolution Medicines
Research Funding	Asana, AstraZeneca, Lilly, and Novartis

#### **CME Content Review**

The content of this activity was independently peer reviewed. The reviewer of this activity has nothing to disclose.

#### **CNE Content Review**

The content of this activity was peer reviewed by a nurse reviewer.

Douglas Cox, MSN, MHA, RN Ultimate Medical Academy/CCM – Lead Nurse Planner

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- 1. Read the CME/CNE information and faculty disclosures;
- 2. Participate in the live virtual activity; and
- 3. Complete pre-and-post surveys and evaluation.

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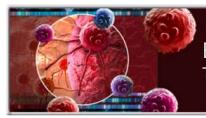
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CONFERENCE MANAGEMENT UMA

This activity is co-provided by Ultimate Medical Academy/Complete Conference Management (CCM).

### This activity is supported by an educational grant from Grail, Inc.

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### AGENDA

### I. Cancer Screening: An overview

- a. Current practice in cancer screening (CDC and/or USPSTF recommendations)
- b. Characteristics of a good screening test
- c. Gaps in current practice and adherence to screening guidelines
- d. Cancer screening in primary care

### II. Analysis of circulating cell-free nucleic acids for early cancer detection

- a. Different forms of liquid biopsy
- b. Use of tissue of origin signature to detect cancer using methylation signature
  - i. Whiteboard theme: cfDNA: a molecular overview of its role in cancer biology
- c. The Circulating Cell-free Genome Atlas (CCGA) study
- d. Using Genome-Wide Association Studies (GWAS) to detect cancer early

### i. Whiteboard theme: Clinical trials and future directions of next-generation cfDNA sequencing assays for multi-cancer early detection

e. Pan Cancer using cfDNA and machine learning

### III. Integration of cfDNA blood tests into cancer screening in clinical practice

- a. Clinical applications of cfDNA
- b. Potential placement of cfDNA blood tests in established cancer screening paradigms and evidence-based guidance
- c. potential public health impact of widespread early screening
- d. Early cancer detection: research priorities
- e. Future opportunities

### IV. Conclusions and Questions and Answers

## Earlier Cancer Detection: The Growing Role of Cell-Free DNA (cfDNA) Blood Tests in Primary Care

#### Aparna Parikh, MD, MPH

Assistant Professor of Medicine Harvard Medical School Attending Oncologist Hematology and Oncology Massachusetts General Hospital Boston, MA

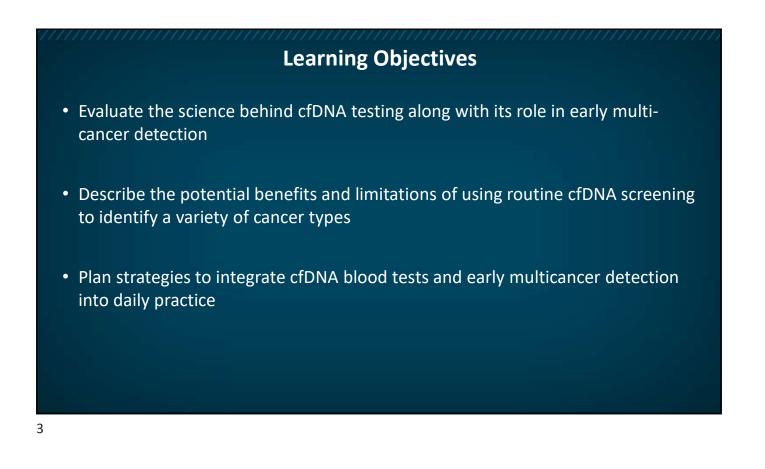
#### Ryan Corcoran, MD, PhD

Associate Professor of Medicine Harvard Medical School Associate Professor Cancer Center Massachusetts General Hospital Boston, MA

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Dr. Parikh reports the following relat	ionsnips:
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Consultant/Advisory Board	Pfizer, Eli Lilly, Natera, and Checkmate
Research funding (Institution)	Bristol Myers Squibb, Guardant, Array, Pfizer, Macrogenics, Puretech, PMV Pharma, Plexxikon,
	and Takeda
Data Safety Monitor Committee	Roche
Stock Ownership	C2i
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This activity is supported by an educational grant from Grail, Inc.





### Where Are We Now?

- 2021 ACS Facts and Figures
- Cancer is the leading cause of death among Americans under 80<sup>1</sup>
- 1.9 million Americans are diagnosed with cancer annually<sup>2</sup>
- 608,570 Americans die of cancer annually<sup>2</sup>
- 5-year cancer-specific survival across 20 cancer types: 81% at local stages, 22% at advanced stages<sup>3</sup>

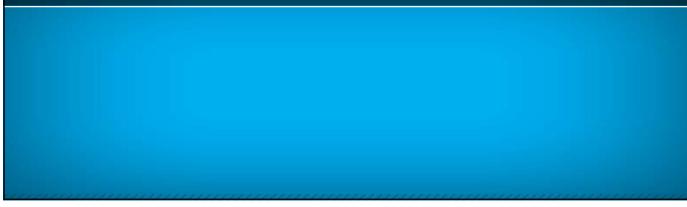
1. Siegel RL, et al. CA Cancer J Clin. 2020;70:7-30. 2. Siegel RL, et al. CA Cancer J Clin. 2021;71:7-33. American Cancer Society (ACS). Cancer Facts & Figures 2021 (www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2021/cancer-facts-and-figures-2021.pdf). Accessed 1/21/2021.

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	e-year r	elative	survivai	rates (%)	by stage at d	iagnosi	s, US, 2	010-2016	)
	All Stages %	Local %	Regional %	Distant %		All Stages %	Local %	Regional %	Distant %
Breast (female)	90	99	86	28	Oral cavity & pharynx	66	85	67	40
Colon &	65	90	72	14	Ovary	49	93	75	30
rectum					Pancreas	10	39	13	3
Colon Rectum	63	91	72	14	Prostate	98	>99	>99	30
	67	89	72	16	Stomach	32	70	32	6
Esophagus	20	47	25	5	Testis	95	99	96	73
Kidney	75	93	70	13					
Larynx	61	78	45	34	Thyroid	98	>99	98	55
Liver	20	34	12	3	Urinary bladder	77	69	37	6
Lung and bronchus	21	59	32	6	Uterine cervix	66	92	58	17
Melanoma of skin	93	99	66	27	Uterine corpus	81	95	69	17

ACS. Cancer Facts & Figures 2021 (www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2021/cancer-facts-and-figures-2021.pdf). Accessed 1/20/2021.





Cancer	Grade	Population	Modality/ Recommendation	Pathway and Outcome
Cervical <sup>1</sup>	Α	Women aged 21 to 65	Regular screening (3–5 years) using cervical cytology and/or HPV tests	HPV testing: USPSTF → CMS National Coverage Determination (NCD)
Colorectal <sup>2</sup>	A B	Adults aged 50 to 75 Adults aged 45-49*	Regular annual screening, multiple effective methods available	Legislation → CMS NCD Also has USPSTF "A" rating
Breast <sup>3</sup>	B C	Women aged 50 to 74 Women aged 40 to 49	Biennial screening mammography	Mandate for coverage with no cost sharing (Balanced Budget Act of 1997, Sec 4101)
Lung⁴	В	Adults aged 55–80, with history of smoking	Annual low-dose computed tomography (LDCT) screening	USPSTF $\rightarrow$ CMS NCD
Prostate⁵	С	Men aged 55 to 69	Periodic PSA screening on <b>case-</b> <b>by-case basis</b>	Not applicable

\*Draft recommendation – in progress. HPV = human papillomavirus; CMS = Centers for Medicare & Medicaid Services; PSA = prostate-specific antigen.

All recommendations available at: <u>https://www.uspreventiveservicestaskforce.org/uspstf/</u>.

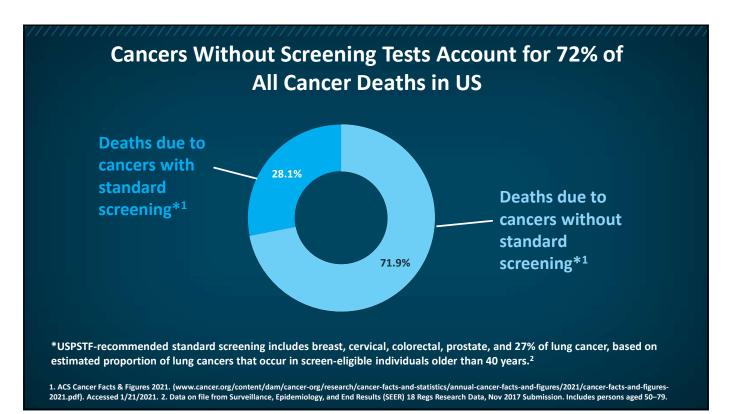
### **Non-Standard Cancer Screens**

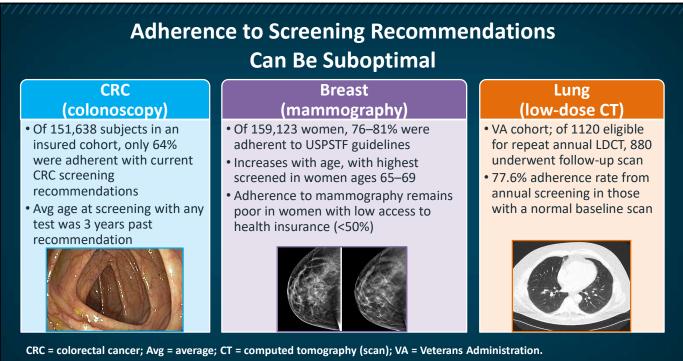
- High-risk screening
  - Pancreatic cancer in patients with genetic syndromes, family history
  - Lung cancer in patients with a history of heavy smoking
  - Esophageal cancer in patients with Barrett's esophagus
  - Liver cancer in patients with underlying liver diseases
- Most deaths in these cancer types occur in patients who were not enrolled in special surveillance, i.e., they do not meet screening criteria or know they are at high risk

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### **Characteristics of Good Screening Test**

- Inexpensive
- Easy to administer
- Minimally invasive
- Reliable (consistent)
- Valid (accurately identifies positives)
- High sensitivity and extremely specific



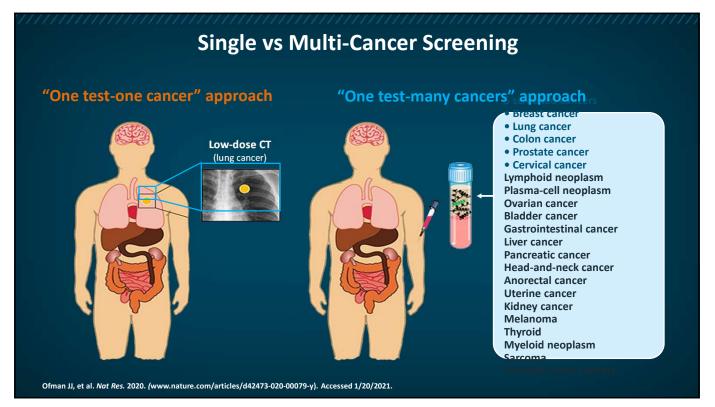


CRC = colorectal cancer; Avg = average; CT = computed tomography (scan); VA = Veterans Administration. Cyhaniuk A, Coombes ME. *Am J Manag Care*. 2016;22:105-111. Narayan A, et al. *Breast Cancer Res Treat*. 2017;164:719-725. CHEST 2018 (www.ascopost.com/News/59355). Accessed 1/21/2021.

### Why Are Patients Not Getting Screened?

Even among cancers that are screened for, many people are not being screened due to...

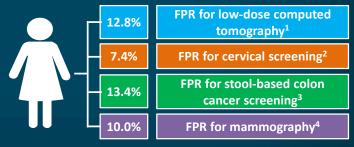
- Inconvenience, missing work
- Discomfort
- Lack of awareness
- Fear of radiation exposure
- Lack of nearby radiology facility
- Oversight by medical team
- Disparities in screening for certain populations



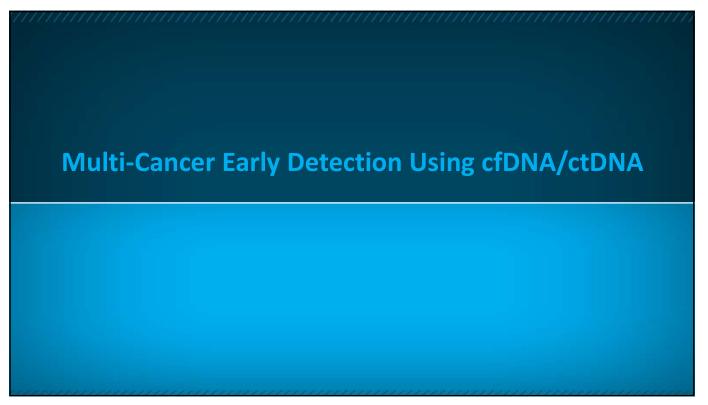
## Cumulative False-Positive Rate from Single-Cancer Screening

 Each false positive requires follow-up tests or interventions

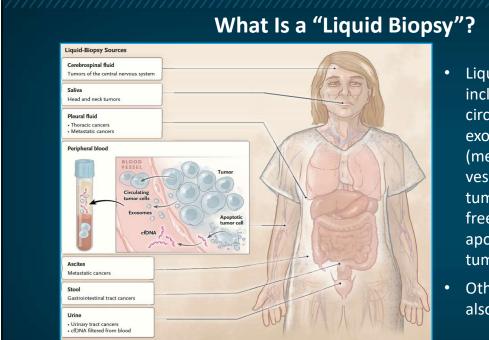
 Cumulative risks are not well understood at population level because current paradigms only evaluate one cancer at a time A 60-year-old female with a history of smoking screened for 4 cancers would have a 43.6% false positive rate (FPR)<sup>1-4</sup>



1. Pinsky PF, et al. Ann Intern Med. 2015;162:485-491. 2. Melnikow J, et al. JAMA. 2018;320:687-705. 3. US Food and Drug Administration (FDA) premarket approval (PMA) P130017 (www.accessdata.fda.gov/cdrh\_docs/pdf13/P130017b.pdf). Accessed 1/21/2021. 4. Lehman CD, et al. Radiology. 2017;283:49-58.

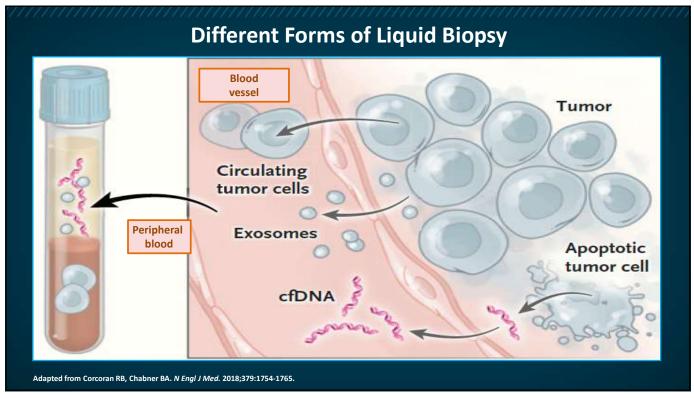


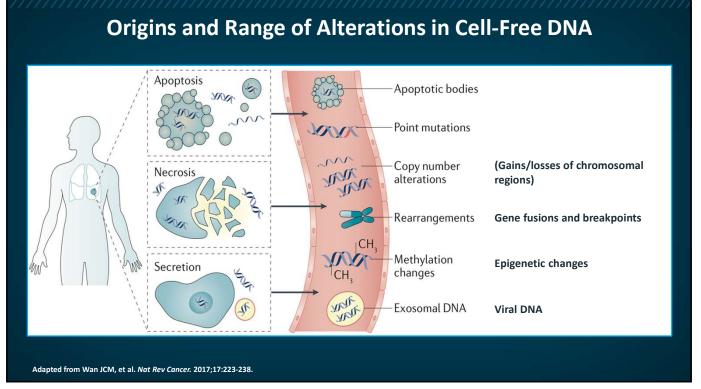
### Video 1 cfDNA/ctDNA Overview



DNA = deoxyribonucleic acid; cfDNA = cell-free DNA. Corcoran RB, Chabner BA. N Engl J Med. 2018;379:1754-1765.

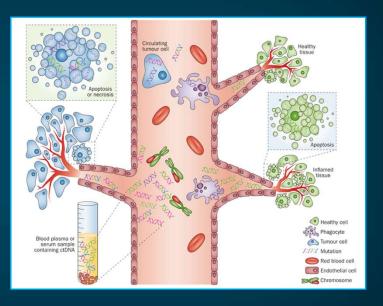
- Liquid-blood biopsy includes isolating circulating tumor cells, exosomes (membrane-bound vesicles released by tumor cells), and cellfree DNA (released by apoptotic or necrotic tumor cells)
- Other bodily fluids can also be used



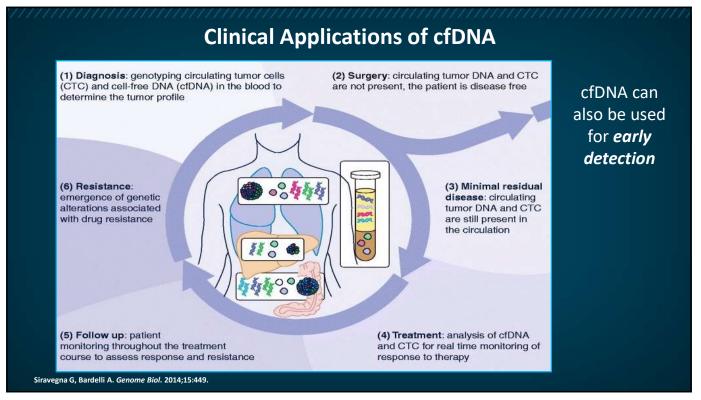


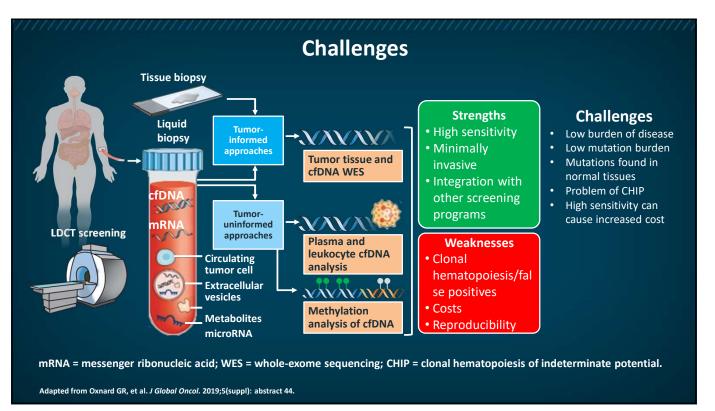
### **Circulating Tumor Nucleic Acids**

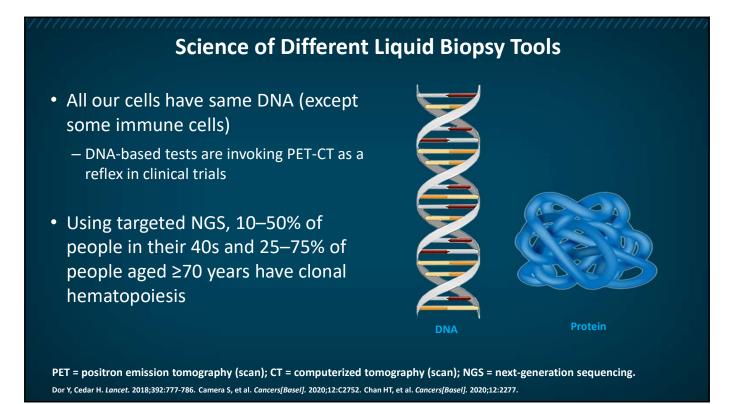
- Origins of cfDNA
  - apoptosis
  - necrosis
  - phagocytosis
  - active secretion
- cfDNA is enclosed in vesicles
  - protects from degradation
  - prevents activation of immune system
  - half-life 0.25–2.5 hours
- cfDNA cleared from blood
  - via nuclease digestion
  - renal excretion (urine)

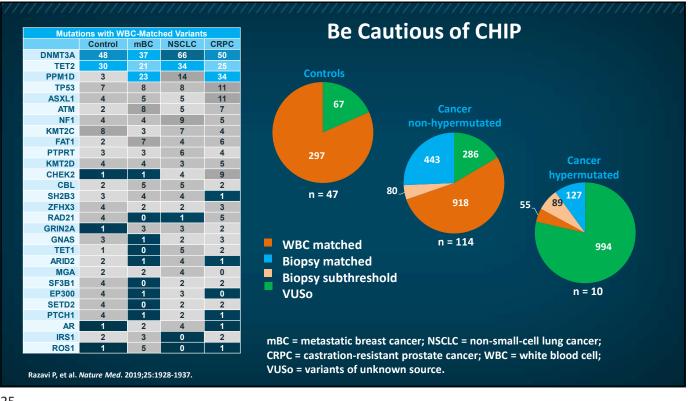


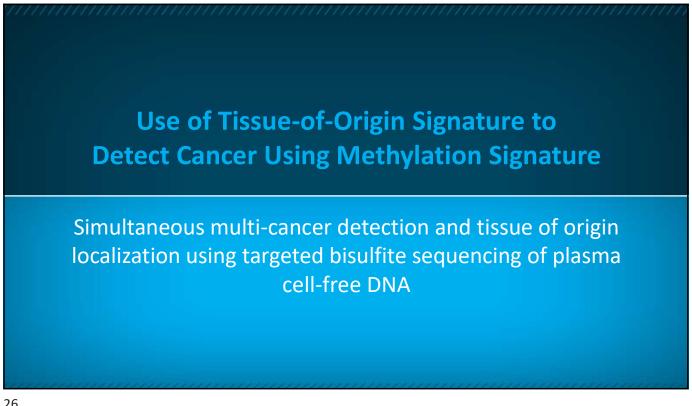
Crowley E, et al. Nat Rev Clin Oncol. 2013;10:472-484. Wan JCM, et al. Nat Rev Cancer. 2017;17:223-238. Santos Pessoa L, et al. Crit Rev Oncol Hematol. 2020;155:103109.

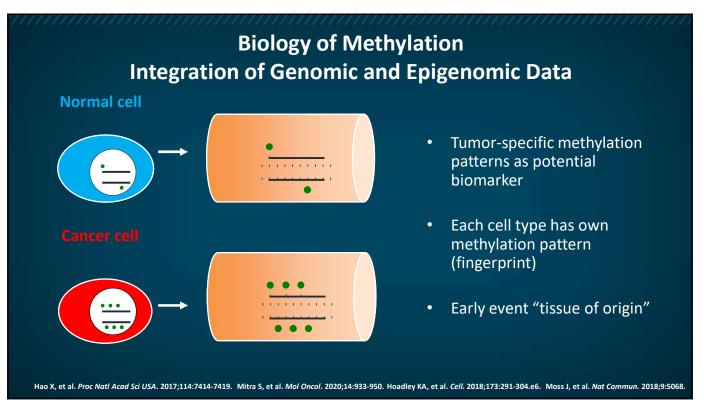




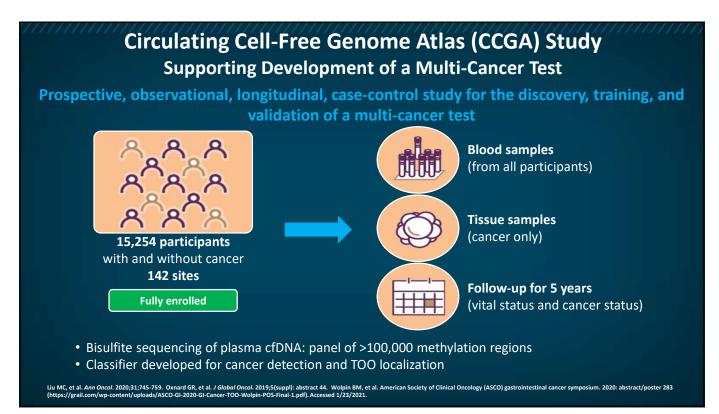




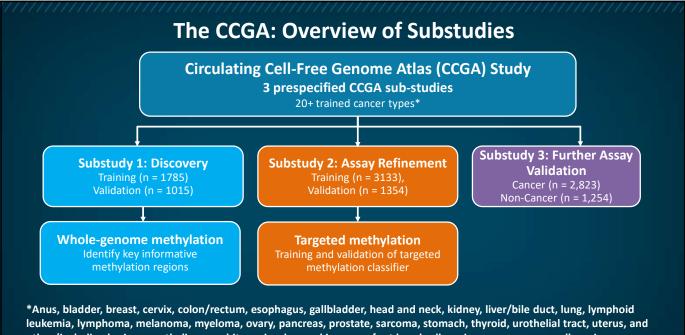






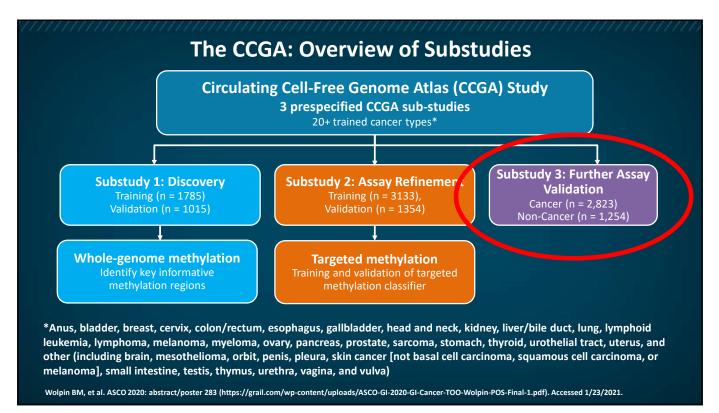


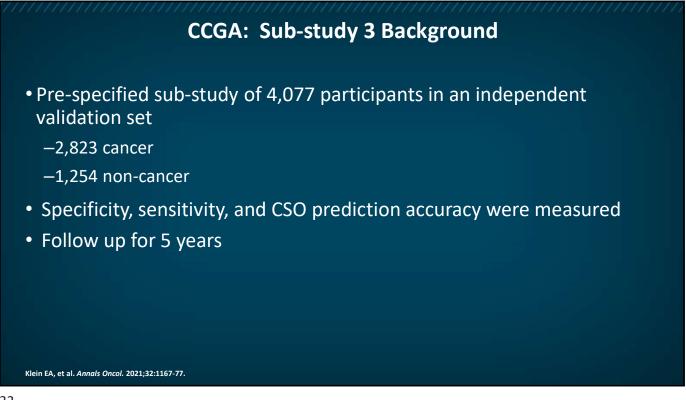




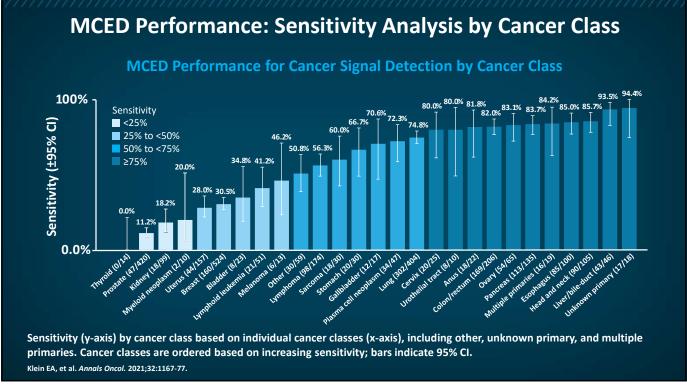
leukemia, lymphoma, melanoma, myeloma, ovary, pancreas, prostate, sarcoma, stomach, thyroid, urothelial tract, uterus, and other (including brain, mesothelioma, orbit, penis, pleura, skin cancer [not basal cell carcinoma, squamous cell carcinoma, or melanoma], small intestine, testis, thymus, urethra, vagina, and vulva)

Wolpin BM, et al. ASCO 2020: abstract/poster 283 (https://grail.com/wp-content/uploads/ASCO-GI-2020-GI-Cancer-TOO-Wolpin-POS-Final-1.pdf). Accessed 1/23/2021.





	Cancer (n=2823)	Non-cancer (n=1254)	Total (n=4077)
est positive	1453	6	1459
est negative	1370	1248	2618
	Sensitivity = 1453/2823 51.5% (49.6%-53.3%)	Specificity = 1248/1254 99.5% (99.0%-99.8%)	
he 2 x 2 contingency table s		99.5% (99.0%-99.8%)	



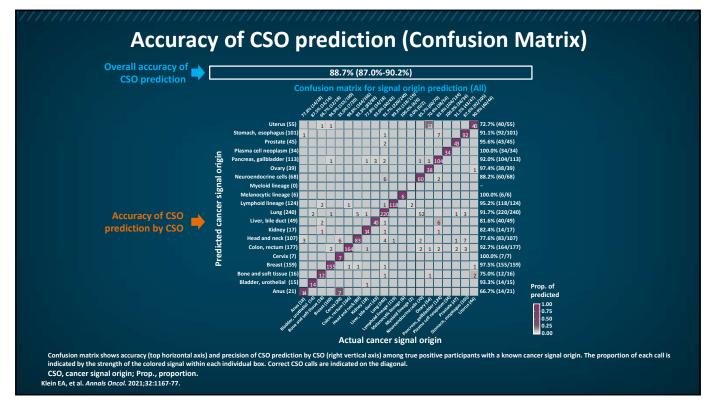
### **Cancer Signal Detection by Cancer Stage**

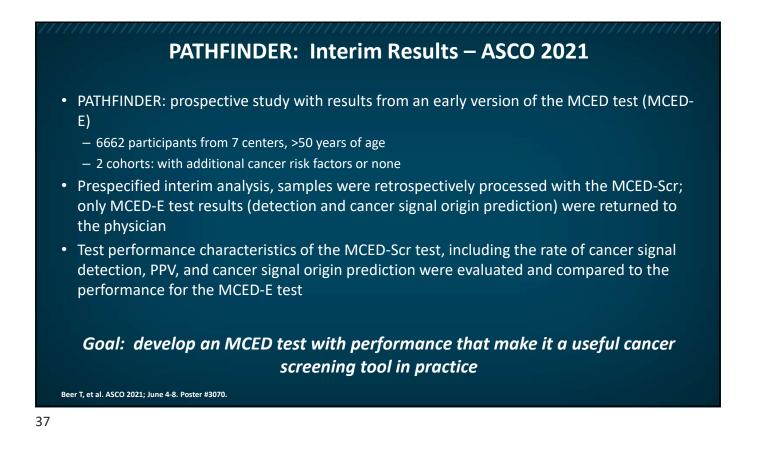
Clinical stage	Total N	Test Positive	Sensitivity % (95% CI) <sup>a</sup>
All	2823	1453	51.5 (49.6% to 53.3%)
I	849	143	16.8 (14.5% to 19.5%)
Ш	703	284	40.4 (36.8% to 44.1%)
Ш	566	436	77.0 (73.4% to 80.3%)
IV	618	557	90.1 (87.5% to 92.2%)
1-11	1552	427	27.5 (25.3% to 29.8%)
1-111	2118	863	40.7 (38.7% to 42.9%)
I-IV	2736	1420	51.9 (50.0% to 53.8%)
III-IV	1184	993	83.9 (81.7% to 85.9%)
Not expected to be staged	67	23	34.3 (24.1% to 46.3%)
Missing	20	10	50.0 (29.9% to 70.1%)

CI, confidence interval.

a Two-sided 95% Wilson CIs were calculated.

Klein EA, et al. Annals Oncol. 2021;32:1167-77.



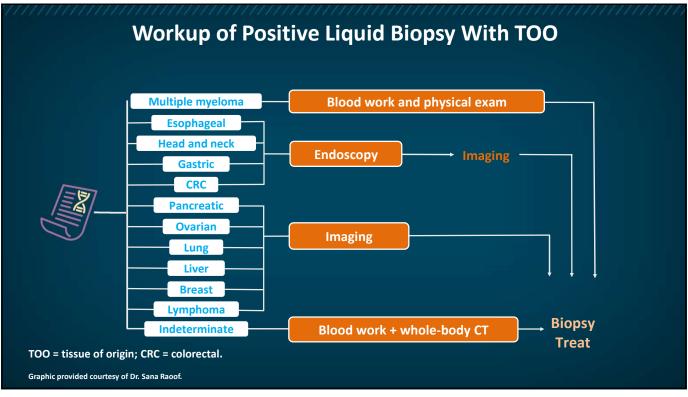


	Conclusions
•	MCED-Scr detected cancer signals with 40% PPV and accuracy of cancer signal origin prediction relative to

maintained a high

the MCED-E

- MCED-Scr detected a broad range of early and advanced stage cancers
- Refinements of MCED-E test reduced the number of hematologic cancer signal origin predictions, particularly false positives, and streamlined test report to include no more than two cancer signal origins
- Updated results, specificity, and negative predictive value of MCED-Scr and MCED-E will be reported after all participants have been observed for 12 months

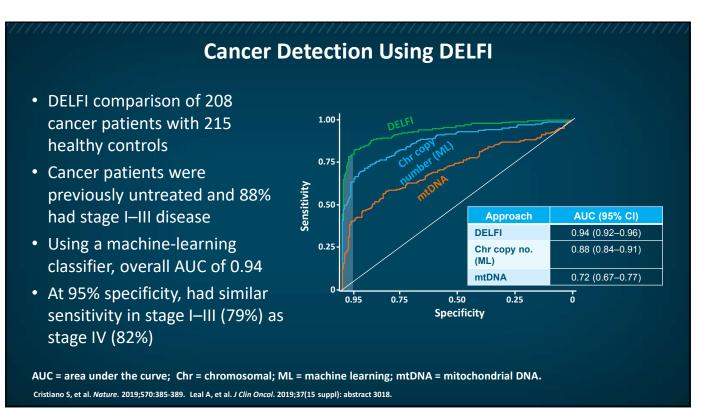


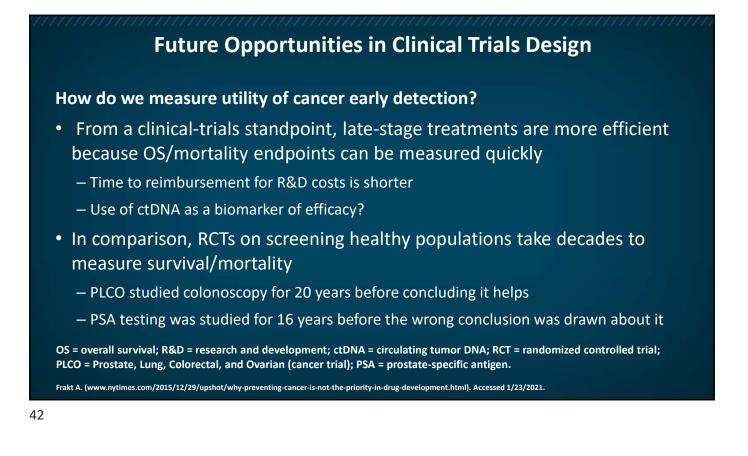
	The DETECT-A Blood Test
Background	• Test looks at 1,933 bases on 19 genes commonly mutated in cancer, and 9 cancer- associated proteins
Patient Pop.	• 10,000 women aged 65-75 with no cancer hx, screened for asymptomatic cancers
Results	<ul> <li>134 has positive result on screening; 26 found to have cancers</li> <li>10 different cancers identified (7 with no standard diagnostic test)</li> <li>Conventional screening after test (e.g., mammography, colonoscopy) found 24 more cancer types</li> <li>Test alone: 98.9% specificity; 19.4% PPV</li> <li>Test + PET: 99.6% specificity; 28.3% PPV</li> </ul>

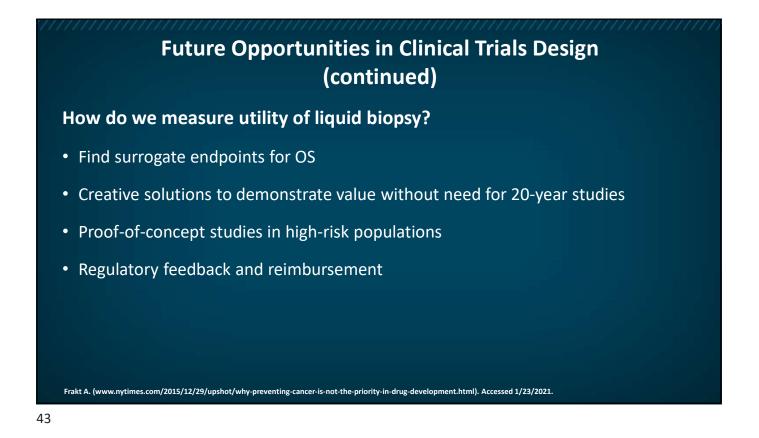
- Combining SoC with blood test augmented screening for breast, CRC, and lung sensitivity from 47% to 71%
- Sensitivity for other 7 cancer types with no screening = 31%

Lennon AM, et al. Science. 2020;369:eabb9601.

SoC = standard of care. PPV = positive predictive value



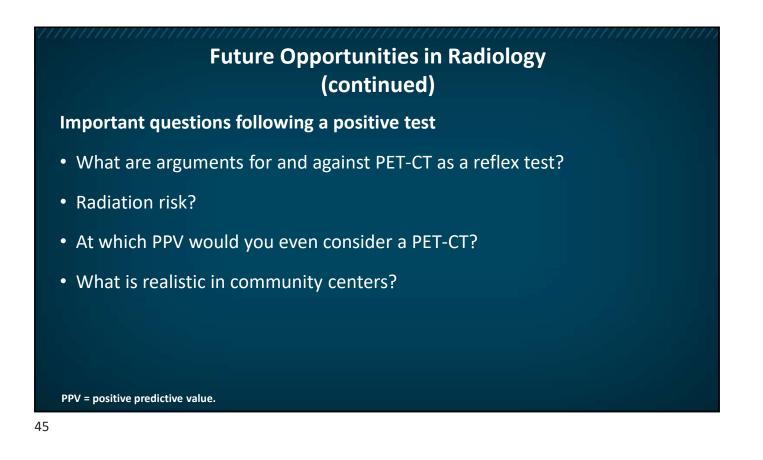


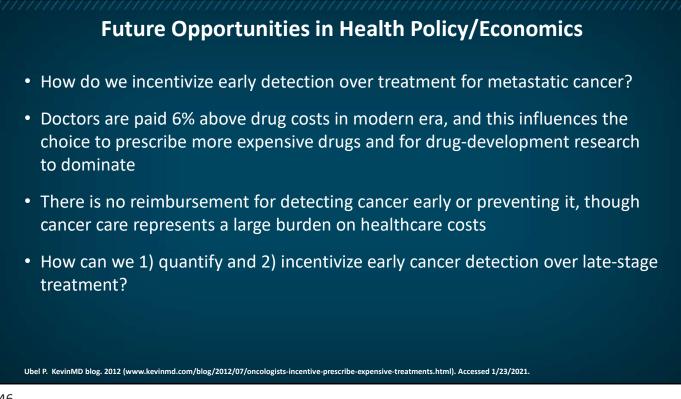


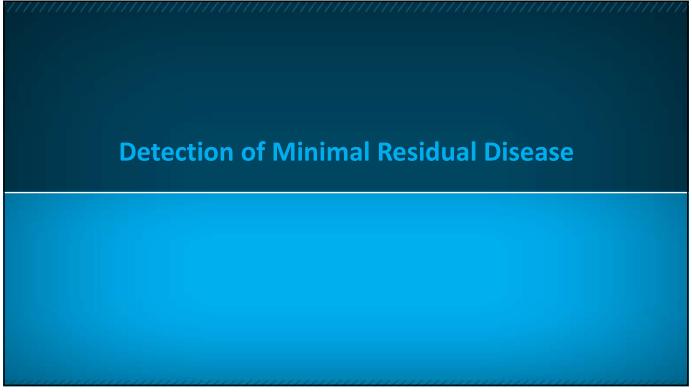
### **Future Opportunities in Radiology**

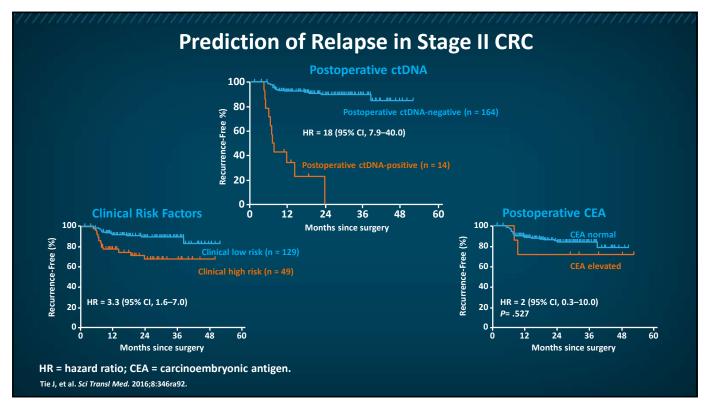
### How do you follow up a positive test?

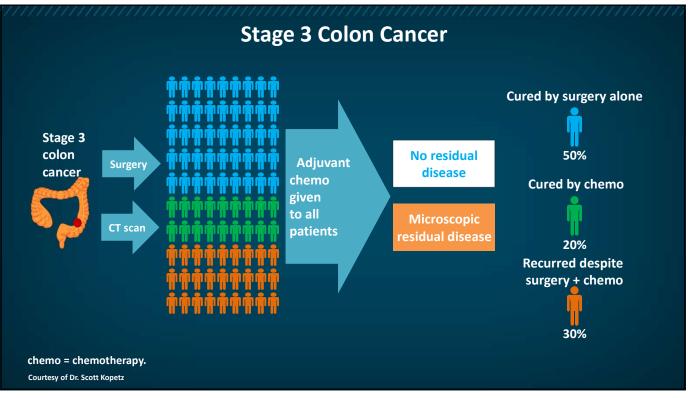
- If you know the tissue of origin, look there
- What if you don't see anything at TOO site? What if you find no TOO?
- Look at most common sites (lungs, breast, prostate, colon)
- CT chest/abdomen/pelvis (C/A/P)?
  - Field of view of a CT C/A/P catches about 90% of cancers by incidence and 94.5% of cancers that kill patients
- PET-CT? MRI?
- Clinical reasoning? Repeat the liquid biopsy in 3–6 months?



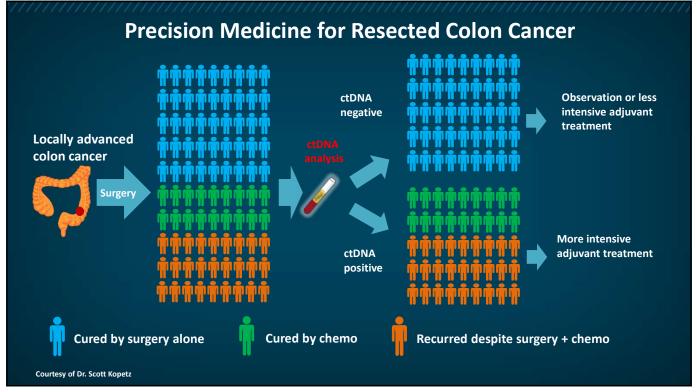


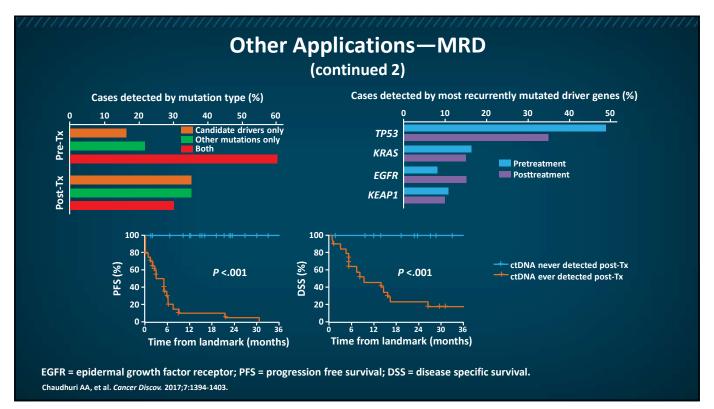




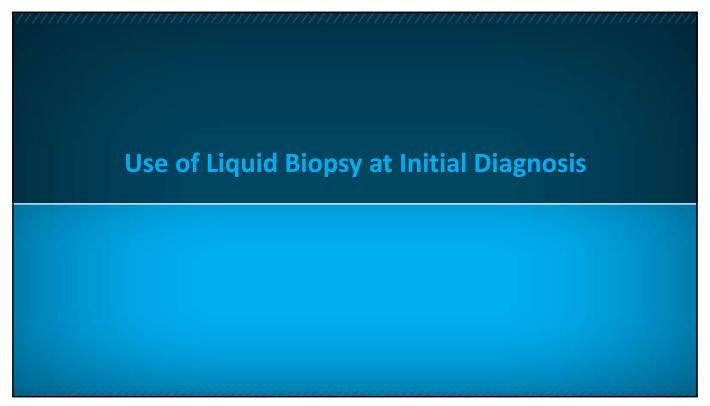


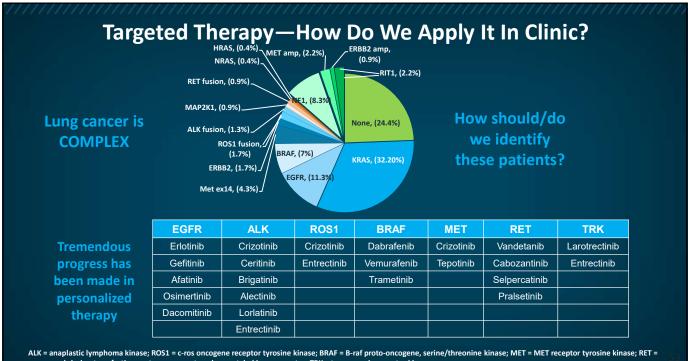






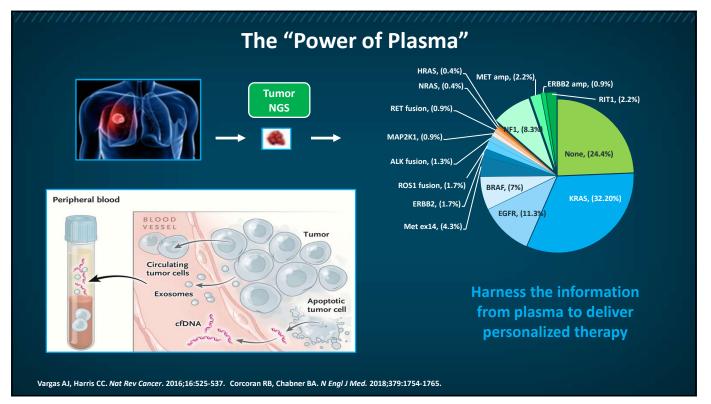




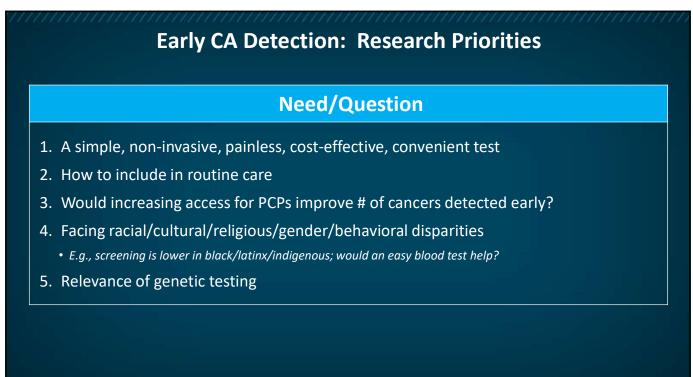


rearranged-during-transfection proto-oncogene tyrosine-protein kinase receptor; TRK = tropomyosin receptor kinase. Vargas AJ, Harris CC. *Nat Rev Cancer*. 2016;16:525-37. Prescribing information (PI) for agents listed in the table.



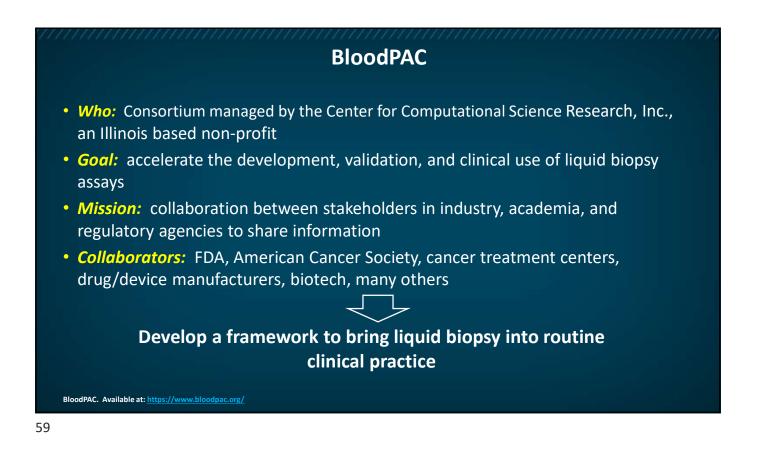


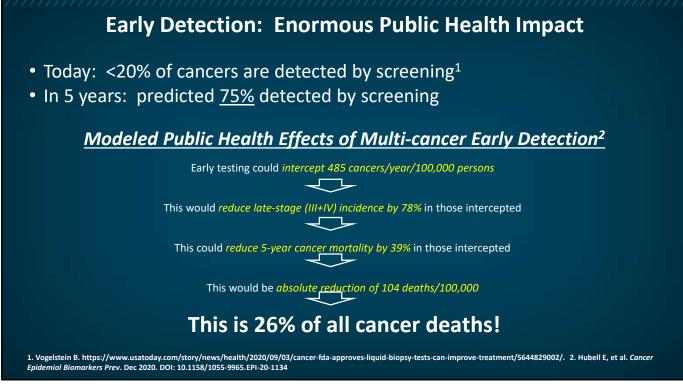




	Need/Question
6.	Use of cancer-relevant diagnostic tools (e.g., reminders in EMR)
7.	Use for cancers not currently screened (ovarian, pancreatic, etc.)?
8.	Use of data from already-diagnosed patients to look for warning signs that might have been missed?
9.	Coordination of information b/w healthcare sectors
10	. Predictions of tumor development, reduction of unnecessary tests and overdiagnosis

Future Directions
<ul> <li>Several ongoing studies<sup>1-4</sup></li> </ul>
<ul> <li>– E.g. PREEMPT-CRC: 91% sensitivity; 94% specificity for CRC<sup>4</sup></li> </ul>
• CancerSEEK <sup>5</sup>
<ul> <li>Cost analyses for population health level efforts</li> </ul>
<ul> <li>Demonstration of prospective survival benefit</li> </ul>
<ul> <li>Implications in COVID-19 era (screening rates declined)<sup>6</sup></li> </ul>
<ol> <li>STRIVE study: <u>https://clinicaltrials.gov/ct2/show/NCT03085888.</u></li> <li>SUMMIT study: <u>https://www.clinicaltrials.gov/ct2/show/NCT03934866.</u></li> <li>PATHFINDER study: <u>https://clinicaltrials.gov/ct2/show/NCT04241796.</u></li> <li>PREEMPT-CRC: <u>https://clinicaltrials.gov/ct2/show/NCT04369053.</u></li> <li>Cohen J, et al. <i>Science.</i> 2018;359(6378):926-30.</li> <li>Bakouny Z, et al. <i>JAMA Oncology.</i> Jan 2021. doi:10.1001/jamaoncol.2020.7600.</li> </ol>





### Conclusions

- Early detection is key in cancer since outcomes and quality of life vary greatly, depending on the stage of disease at the time of diagnosis
- Evidence-based modalities for cancer screening remain limited, with low adherence
- Growing information on the use of cfDNA and ctDNA for multi-cancer screening has emerged in the last decade
- These tests can detect and interpret extremely faint signals to isolate the type and origin of cancer, with the potential for routine application in primary care



