

Hypersomnolent Disorders: Their Recognition, Diagnosis, and Ongoing Management to Advance Quality of Life and Wakefulness

FACULTY

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PROGRAM OVERVIEW

This gamification-based activity highlights the evaluation and treatment of idiopathic hypersomnia and narcolepsy, and includes a discussion of the pathophysiology of these sleep disorders, their impact on patients, and clinical data on the efficacy of newer treatments.

TARGET AUDIENCE

The Online Patient Progressions Jeopardy Challenge program is intended for neurologists, internists, psychiatrists, and sleep specialists who treat patients with or who are at risk for excessive daytime sleepiness associated with narcolepsy or idiopathic hypersomnia.

LEARNING OBJECTIVES

On completing this program, attendees should be able to:

- Describe the spectrum of idiopathic hypersomnia and the evaluation of individuals for narcolepsy to facilitate their prompt recognition
- Discuss the pathology underlying narcolepsy that negatively affects the wake-producing centers of the brain
- Review the varied burden of illness associated with degrees of excessive daytime sleepiness and the positive effects of treatment on quality of life, cardiovascular risk, and cognitive function
- Explain the mechanisms of action and clinical trials data of recently approved agents that improve wakefulness in patients with either narcolepsy or idiopathic hypersomnia

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NURSING CREDIT INFORMATION

Purpose: This program would be beneficial for nurses involved in caring for patients with narcolepsy or idiopathic hypersomnia.

CNE Credits: 1.0 ANCC Contact Hour.

CNE ACCREDITATION STATEMENT

Ultimate Medical Academy/Complete Conference Management (CCM) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Awarded 1.0 contact hour of continuing nursing education of RNs and APNs.

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Russell Rosenberg, PhD	Consultant	Harmony Biosciences and Imbrium Therapeutics
	Speaker Bureau	Eisai and Jazz Pharmaceuticals
	Contracted Research	Eisai, Jazz Pharmaceuticals, Suven Life Sciences, Takeda

CME Content Review

The content of this activity was independently peer reviewed.

The reviewer of this activity has nothing to disclose.

CNE Content Review

The content of this activity was peer reviewed by a nurse reviewer.

Douglas Cox, MSN, MHA, RN

Ultimate Medical Academy/CCM – Lead Nurse Planner

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1. Read the CME/CNE information and faculty disclosures.
2. Participate in the online activity.
3. Complete the online post-test and evaluation.

You will receive your certificate as a downloadable file.

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