Managing Issues in Hypogonadism:
Improving Adherence, Communication, and Outcomes

SATURDAY, MARCH 8, 2014
7:30 – 10:00 AM
Pearl Room located on the 9th Floor
The Westin New York at Times Square
270 West 43rd Street, New York, NY 10036

This activity is sponsored by Med Learning Group.
Supported by an educational grant from Eli Lilly.
This activity was co-provided by Ultimate Medical Academy/CCM.

► FACULTY
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► AGENDA
7:30 AM – 8:00 AM Registration and Breakfast
8:00 AM – 8:10 AM Welcome & Introduction
Patient Case – Introduction
8:10 AM – 8:40 AM Diagnosis/Evaluation of Low Testosterone
• Common symptoms and presentation
• Updated diagnostic criteria for low testosterone
• Laboratory values and diagnostics
• Differentiating low testosterone from other common disorders
• Comorbidities – obesity, diabetes, metabolic syndrome, etc.
• Patient Case – Diagnosis/Evaluation
8:40 AM – 9:05 AM Treatment of Low Testosterone
• Choosing appropriate and individualized therapy
• Comparative differences and appropriate use of therapy
• Risks/benefits
• Potential side effects – BPH, prostate cancer, etc.
• Addressing patient concerns
• Patient Case – Treatment
9:05 AM – 9:45 AM Managing Patient Barriers
• Stigma
• Confusion surrounding treatment
• Worry about side effects
• Overcoming adherence issues
• Improving patient communication
• Patient Case – Adherence and optimizing communication
9:45 AM – 10:00 AM Questions & Answers

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LIVE EVENT REGISTRATION
To pre-register for the live event, please visit
www.HypogonadismMeeting.com

PLEASE JOIN US FOR A LIVE SIMULCAST
OF THIS ACTIVITY on Saturday, March 8 at 8:00 AM EST.
To register for the simulcast, please visit
http://eventcallregistration.com/reg/index.jsp?cid=43001t11

2.0 CME CREDITS
FEATURES
• Unique Presentation of Video Case
• Intimate Learning Environment

Supported by an educational grant from Eli Lilly.
EDUCATIONAL OBJECTIVES
• Improve confidence in discussing low testosterone and risks/benefits of therapy with patients in order to encourage medication adherence.
• Enhance communication with patients with low testosterone in order to overcome stigma and frustration in these patients.
• More frequently identify and diagnose patients with hypogonadism in order to initiate treatment in a more timely manner.
• Employ evidence-based data and guidelines as a foundation for establishing low testosterone diagnosis.
• Discuss several treatment options for a man with hypogonadism by assessing efficacy and safety

TARGET AUDIENCE
This activity is designed to meet the educational needs of urologists, primary care physicians, nurses and other healthcare providers who are interested in improving men’s health.

ACCREDITATION STATEMENT
Med Learning Group is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
Med Learning Group designates this live activity for a maximum of 2.00 AMA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the live activity.

NURSING CREDIT INFORMATION
Purpose: This program would be beneficial for nurses involved in the management of patients with hypogonadism to help them to implement an individualized plan for their patients.

Accreditation Statement: Ultimate Medical Academy/CCM is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Awarded 2.0 contact hour(s) of continuing nursing education of RNs and APNs.

DISCLOSURE POLICY STATEMENT
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DISCLAIMER
Med Learning Group makes every effort to develop CME activities that are scientifically based. This activity is designed for educational purposes.

Participants have a responsibility to utilize this information to enhance their professional development in an effort to improve patient outcomes. Conclusions drawn by the participants should be derived from careful consideration of all available scientific information. The participant should use his/her clinical judgment, knowledge, experience, and diagnostic decision-making before applying any information, whether provided here or by others, for any professional use.

For CME questions, please contact: Med Learning Group at info@medlearninggroup.com.

Contact this CME provider at Med Learning Group for privacy and confidentiality policy statement information at: http://www.medlearninggroup.com/privacy-policy/.

AMERICANS WITH DISABILITIES ACT
Event Staff will be glad to assist you with any special needs (i.e. physical, dietary, etc.) Please contact Med Learning Group prior to the live event at info@medlearninggroup.com

CASE STUDY
A 42-year-old man presents with decreased energy and depressed mood for the past 2 months along with recent feelings of decreased strength. He is 5’8” and 170 pounds with a BP of 110/75, and personal history is not significant. Family history includes diabetes, cardiovascular disease, and Parkinson’s disease in two grandparents.

Cholesterol and fasting glucose levels are slightly elevated; total testosterone = 220 nd/dL; free testosterone = 30 nd/dL; and SHBG = 65 nmol/L.

• Which other clinical evaluations would you require for this patient?

• Based on the results obtained, which treatment would you recommend for this patient and how would you monitor response to therapy and possible side effects?